



**5K, 10K
HALF MARATHON
FULL MARATHON
FOR FITNESS
FOR FUN**

**WHATEVER YOUR
RUNNING GOAL**

RUN

**10WEEK
BEGINNER'S BLOCK
£15**

CALDERGLEN HARRIERS

BEGINNERS' GROUP TUES@6.30PM

INTERMEDIATE/ADVANCED MON&THUR@7.30PM

EAST KILBRIDE SPORTS CLUB, CALDERGLEN COUNTRY PARK

CONTACT EDDIE REID

07948 529278 / EDDIE.HARRIERS@GMAIL.COM