

5K RESULTS

PLACE	TIME	NUMBER	NAME	CLUB	CAT
1	00:15:12	211	Grant Baillie	EKAC	SM
2	00:15:33	212	Ross Mclearie	Giffnock North AAC	SM
3	00:15:45	218	Christopher Macdonald	Motherwell AC	SM
4	00:15:53	213	Jamie Clements	EKAC	SM
5	00:16:22	205	Matthew Mckenna	Ronhill Cambuslang	SM
6	00:16:26	237	Craig Whyteside	Whitemoss AAC	JM
7	00:16:32	206	Stuart Rae	Ronhill Cambuslang	SM
8	00:16:34	222	Niall Walker	EKAC	SM
9	00:16:59	221	Nicholas Hughes	Motherwell AC	SM
10	00:17:10	208	George Irving	Irvine AC	MV45
11	00:17:20	204	Keith Mcintyre	Ronhill Cambuslang	JM
12	00:17:44	227	Andrew Buchanan	Motherwell AC	SM
13	00:17:48	223	Benjamin Hands	Motherwell AC	MV50
14	00:17:56	233	David Thomson	EKAC	SM
15	00:18:15	201	Gary Tompsett	Strathaven Striders	MV45
16	00:18:30	207	Gordon Thomson	Irvine AC	MV45
17	00:18:36	232	Jim Sneddon	Irvine AC	MV45
18	00:18:50	249	Gary Lines	Motherwell AC	MV40
19	00:19:05	200	Anne Murray	Clydesdale Harriers	FV45
20	00:19:15	250	Joanne Clark	Motherwell AC	FV35
21	00:19:41	241	Michael Hampson	Motherwell AC	MV45
22	01:19:42	242	Joe Fennessey	Motherwell AC	MV45
23	02:19:43	236	Robert Pattinson	Motherwell AC	MV45
24	03:19:55	216	Troy Morgan	Motherwell AC	MV40
25	00:20:06	246	Jill Logan	Motherwell AC	SF
26	00:20:23	44	Allan Stewart	U/A	SM
27	00:20:54	214	David McKenzie	Motherwell AC	SM
28	00:21:07	234	Gemma Kirwan	Scottish Athletics	FV40
29	00:21:25	210	Mae McIsaac	Motherwell AC	FV55
30	00:21:35	224	Phyllis Hands	Motherwell AC	FV40
31	00:22:03	238	Catherine Wotherspoon	Motherwell AC	FV50
32	00:22:04	226	Laurence Reid	U/A	MV40
33	00:22:15	215	Eddie Gilfillan	U/A	MV40
34	00:22:32	199	Ross Bickerstaff	Hamilton Harriers	MV50
35	00:22:45	248	Craig Whiteside	Motherwell AC	MV60
36	00:22:50	202	Angela Downie	Motherwell AC	FV45
37	00:23:00	219	Donald McCaffer	Motherwell AC	MV60
38	00:23:40	198	David Kelly	Hamilton Harriers	MV55
39	00:24:02	243	Anne Cairns	U/A	FV45
40	00:24:08	220	Douglas O'Hare	Motherwell AC	MV45
41	00:26:40	231	Gillian Bell	U/A	FV45
42	00:26:46	225	Ian Johnstone	U/A	MV40
43	00:26:50	217	Patricia Allen	Motherwell AC	SF
44	00:28:23	203	Claire McGarvey	U/A	FV55
45	00:28:39	209	Ronald Stewart	U/A	MV60
46	00:30:42	235	Hilary Austin	Hamilton Harriers	FV45
47	00:30:53	228	Joanne Burt	U/A	FV45
48	00:32:46	244	Larissa Crawford	U/A	JF
49	00:33:07	245	Lorraine Crawford	U/A	FV45
50	00:33:30	230	Nicola Sturgeon	U/A	SF
51	00:34:06	229	Robyn Friel	U/A	SF
52	00:39:03	239	John McNaughton	U/A	MV65