

PLACE	TIME	NUMBER	NAME	CLUB	CAT
1	00:03:45	261	Ryan Stephen	Ronhill Cambuslang	M
2	00:03:58	277	Luke Reilly	Ronhill Cambuslang	M
3	00:04:00	201	Emma Lawton	Calderglen Harriers	F
4	00:04:10	247	Corey McLachlan	U/A	M
5	00:04:13	257	Max McKinnon	Larkhall YMCA Harriers	M
6	00:04:14	232	Emma Mahon	Kirkintilloch Olympians	F
7	00:04:27	281	Claire Wallace	U/A	F
8	00:04:28	284	Rachel Wedlock	Motherwell AC	F
9	00:04:29	283	Joshua Rankin	Ronhill Cambuslang	M
10	00:04:30	228	Annie Gould	Giffnock North AAC	F
11	00:04:32	219	Struan Kingdom	U/A	M
12	00:04:37	227	Matthew Craig	Kirkintilloch Olympians	M
13	00:04:39	274	Mark Hunter	U/A	M
14	00:04:40	224	Ryan Clydesdale	Calderglen Harriers	M
15	00:04:41	207	Conall McDowall	Calderglen Harriers	M
16	00:04:42	290	Lewis Miller	U/A	M
17	00:04:43	235	Amy Mitchell	U/A	F
18	00:04:44	258	John Lees	Larkhall YMCA Harriers	M
19	00:04:45	262	Kirsty Robertson	Ronhill Cambuslang	F
20	00:04:46	251	Caitlyn Kean	Calderglen Harriers	F U/13
21	00:04:47	280	Carlo Marcuccilli	Motherwell AC	M
22	00:04:48	239	Blair Kemp	Law & District AAC	M
23	00:04:49	252	Olivia McAdams	U/A	F U/13
24	00:04:50	213	Lynn McKenna	U/A	F
25	00:04:51	212	Charlotte McKenna	U/A	F
26	00:04:52	238	Nicola Lyttle	Larkhall YMCA Harriers	F
27	00:04:53	215	Zoe Hawkins	U/A	F
28	00:04:54	269	Katie Foss	U/A	F
29	00:04:55	270	Leah Keisler	U/A	F
30	00:04:56	266	Evan Hughes	U/A	F
31	00:04:57	241	Craig Holmes	Calderglen Harriers	M
32	00:05:00	293	Findlay Dickson	U/A	M
33	00:05:01	217	Emma Bruce	U/A	F
34	00:05:02	242	Devyn Heap	U/A	M
35	00:05:03	214	Rachael Hawkins	U/A	F
36	00:05:04	226	Lucy Anderson	U/A	F
37	00:05:05	282	Ailsa Cunningham	Larkhall YMCA Harriers	F
38	00:05:06	230	Christopher Brady	Calderglen Harriers	M
39	00:05:07	216	Stuart Hawkins	U/A	M
40	00:05:08	286	Marie-Theresa Semple	U/A	F
41	00:05:09	287	Seumas Semple	U/A	M
42	00:05:10	264	Fergus Kane	U/A	M
43	00:05:11	209	Rachel Wardrope	Calderglen Harriers	F
44	00:05:12	294	Pat Callary	U/A	M
45	00:05:13	240	Hannah McLellan	Calderglen Harriers	F
46	00:05:14	289	Abbie Steven	Ronhill Cambuslang	F
47	00:05:15	285	Sam Watters	U/A	M
48	00:05:16	250	Anna Fegan	Calderglen Harriers	F U/13
49	00:05:17	279	Lara Marcuccilli	Motherwell AC	F U/13
50	00:05:18	236	Abbey Wighton	U/A	F
51	00:05:19	291	Megan Reid	U/A	F
52	00:05:20	271	Jade Keisler	U/A	F
53	00:05:21	243	Gavin Herbertson	Calderglen Harriers	M
54	00:05:22	220	Kirsty McMonagle	Calderglen Harriers	F
55	00:05:23	245	Zoe Jamieson	U/A	F
56	00:05:24	267	Jessica Foss	U/A	F
57	00:05:25	253	Lana McDougall	Calderglen Harriers	F

PLACE	TIME	NUMBER	NAME	CLUB	CAT
58	00:05:26	265	Megan Hughes	U/A	F
59	00:05:27	233	Wren Millar	Calderglen Harriers	F
60	00:05:28	278	Marisa Hay	Ronhill Cambuslang	F
61	00:05:29	204	Sam Anderson	U/A	M
62	00:05:30	210	Johnny Mulholland	U/A	M
63	00:05:31	206	Mark Phimister	Calderglen Harriers	M
64	00:05:32	218	Liam Woods	Calderglen Harriers	M
65	00:05:33	288	Ewan Gillies	Calderglen Harriers	M
66	00:05:34	208	Ross Wardrope	Calderglen Harriers	M
67	00:05:35	231	Katie Kennedy	Motherwell AC	F
68	00:05:36	246	Esther Jamieson	U/A	F
69	00:05:37	229	Emily Boulton-Jones	U/A	F
70	00:05:38	256	Ashleigh Moir	U/A	F
71	00:05:39	255	Holly Campbell	U/A	F
72	00:05:40	249	Joseph Fegan	U/A	M
73	00:05:41	244	Louise Herbertson	Calderglen Harriers	F
74	00:05:42	202	Melissa Lawton	Calderglen Harriers	F
75	00:05:43	263	Aiden Watson	Ronhill Cambuslang	M
76	00:05:44	295	Maria Maxwell	Calderglen Harriers	F
77	00:05:45	223	Sarah Clydesdale	Calderglen Harriers	F
78	00:05:46	276	Paige Graham	U/A	F
79	00:05:47	225	Sarah Crawford	Calderglen Harriers	F
80	00:05:48	292	Lauren Reid	U/A	F
81	00:05:49	259	Serena DeMarco	U/A	F
82	00:05:50	260	Luca Bardelli	U/A	M
83	00:05:51	268	Halle Keisler	U/A	F
84	00:05:52	272	Kodi Thompson	U/A	F
85	00:05:53	273	Kai Thompson	U/A	M
86	00:05:54	296	Benjamin Fegan	U/A	M
87	00:05:55	237	Zachary Fairley	U/A	M
88	00:05:56	248	Nathan Downie	U/A	M
89	00:05:57	254	Glen Campbell	U/A	M