

Place	Bib	Name	Team name	Category	Gender	Time
1	186	Daryl Reid	East Kilbride AAC	10k-MS	Male	37:42.4
2	169	Kieran Cooper	Cambuslang Harriers	10k-MS	Male	38:06.5
3	127	John Fergusson	East Kilbride AAC	10k-MS	Male	38:14.5
4	212	Paul Murphy	Calderglen Harriers	10k-M40	Male	39:34.6
5	217	Martin Lynas	East Kilbride AAC	10k-MS	Male	40:41.2
6	190	Bryan Mulgrew	Bellahouston RR	10k-MS	Male	40:52.4
7	13	David Ross	East Kilbride AAC	10k-M40	Male	41:17.6
8	230	Duncan Cochrane	Unattached	10k-M40	Male	41:33.4
9	126	Justin Carter	Cambuslang Harriers	10k-M45	Male	42:08.7
10	225	Fergus Donnelly	Shettleston Harriers	10k-MS	Male	42:13.4
11	166	Kieran Mooney	Giffnock North AAC	10k-MS	Male	42:16.1
12	173	George Pettit	Cambuslang Harriers	10k-M40	Male	42:22.9
13	168	Richard Cooper	Cambuslang Harriers	10k-M50	Male	42:30.3
14	223	Jamie Clements	East Kilbride AAC	10k-MS	Male	42:33.6
15	238	Steven Prentice	Unattached	10k-M45	Male	42:53.0
16	27	Yvonne McNairn	Giffnock North AAC	10k-F35	Female	42:54.0
17	193	Richard Carr	Cambuslang Harriers	10k-MS	Male	43:34.2
18	35	Stewart Houston	Airdrie Harriers	10k-MS	Male	44:13.6
19	141	John Brogan	Airdrie Harriers	10k-M45	Male	44:14.2
20	172	Jordan Orr	Giffnock North AAC	10k-MS	Male	44:25.9
21	178	Ciaran Nicholls	Unattached	10k-MS	Male	44:47.7
22	210	Andrew Anderson	Cambuslang Harriers	10k-MS	Male	45:01.6
23	158	Derek McIvor	Unattached	10k-M45	Male	45:22.9
24	189	Stuart Douglas	Unattached	10k-M40	Male	45:47.4
25	198	Stephen Richardson	Airdrie Harriers	10k-MS	Male	46:10.8
26	155	Simon Kirk	Ayr Seaforth AC	10k-M45	Male	46:59.1
27	110	Ruth Fraser-Moodie	Springburn Harriers	10k-F45	Female	46:59.9
28	57	Colin Wylie	Giffnock North AAC	10k-M50	Male	47:02.8
29	39	Daniel Burns	Clydesdale Harriers	10k-MS	Male	47:04.2
30	224	Neil Nairn	Fenwick Striders	10k-M50	Male	47:18.4
31	139	Kieran Gaffney	Unattached	10k-M50	Male	47:36.6
32	10	Rob Crusher	Giffnock North AAC	10k-M55	Male	47:38.7
33	123	Tom Adams	Cambuslang Harriers	10k-MS	Male	49:01.4
34	79	Murray McAlpine	Hamilton Harriers	10k-MS	Male	49:04.5
35	70	Kirsty O'Brien	Cambuslang Harriers	10k-F35	Female	49:07.3
36	196	Mark Tracey	Unattached	10k-M45	Male	49:16.5
37	235	Duncan Robertson	Garscube Harriers	10k-M40	Male	49:17.4
38	50	David Kilpatrick	Fenwick Striders	10k-M45	Male	50:02.0
39	187	Nils Krichel	Carnegie Harriers	10k-MS	Male	50:11.6
40	82	Ian Fennell	Hamilton Harriers	10k-MS	Male	50:19.7
41	115	Gary Shaw	Kirkintilloch Olympians	10k-M45	Male	50:20.4
42	195	Emily Crusher	Giffnock North AAC	10k-FS	Female	50:21.3
43	145	Dave Thom	Cambuslang Harriers	10k-M60	Male	50:21.8
44	192	Alan Murray	Carnegie Harriers	10k-M45	Male	50:26.6
45	6	Arthur Mulholland	East Kilbride AAC	10k-M55	Male	50:38.7
46	59	Rhona Fraser	Bellahouston RR	10k-F40	Female	50:39.8
47	153	Colin Anderson	Unattached	10k-M45	Male	50:40.5
48	56	John McCabe	Troon Tortoises AC	10k-M55	Male	50:55.3
49	140	Wayne Barlow	Glasgow South Side Runners	10k-M50	Male	51:02.1
50	47	Nicola McBeath	Giffnock North AAC	10k-F35	Female	51:05.5
51	177	Daniel O'Connell	Cambuslang Harriers	10k-M55	Male	51:14.4
52	42	Suzanne Shaw	Kirkintilloch Olympians	10k-F45	Female	51:17.9
53	96	Gordon Hay	Hamilton Harriers	10k-M50	Male	51:18.4
54	237	Philip Knight	Glasgow Southside RR	10k-M50	Male	51:33.1
55	86	Ewart Gray	Hamilton Harriers	10k-M60	Male	51:40.3
56	199	Keith Charters	East Kilbride AAC	10k-M55	Male	51:44.0

Place	Bib	Name	Team name	Category	Gender	Time
57	54	Jonny McDonald	Gnome Your Limits	10k-MS	Male	51:45.3
58	34	Gary Kilpatrick	North Ayrshire AC	10k-M45	Male	51:47.7
59	60	Derek O'Neill	Strathaven Striders	10k-M40	Male	51:58.0
60	174	Emma Craig	Newton Road Runners	10k-F35	Female	52:00.3
61	164	Richard Birch	Unattached	10k-M40	Male	52:03.2
62	146	Hilary Carswell	Giffnock North AAC	10k-F50	Female	52:05.4
63	100	Emma Blair	Garscube Harriers	10k-F40	Female	52:07.1
64	95	David McKay	Garscube Harriers	10k-M40	Male	52:07.7
65	183	Mark Welsford	Kirkintilloch Olympians	10k-M45	Male	52:11.6
66	215	Jean Yves Daniels	Airdrie Harriers	10k-M55	Male	53:15.9
67	236	Neil MacRitchie	Unattached	10k-M45	Male	53:27.6
68	46	Stephen Forsyth	North Ayrshire AC	10k-M45	Male	53:31.4
69	8	Shiela Lewis	Giffnock North AAC	10k-F55	Female	53:45.5
70	49	Gail Henderson	Fenwick Striders	10k-F45	Female	53:56.2
71	182	Stewart Robertson	Springburn Harriers	10k-M45	Male	54:05.0
72	159	David Boag	Bellahouston RR	10k-M55	Male	54:06.8
73	202	James Heede	Strathaven Striders	10k-M55	Male	54:07.5
74	201	Marion O'Connor	Unattached	10k-F60	Female	54:23.4
75	2	Andrew Munro	Giffnock North AAC	10k-M50	Male	55:04.7
76	136	Craig Morris	Motherwell AC	10k-MS	Male	55:10.8
77	228	Troy Morgan	Unattached	10k-M50	Male	55:45.6
78	207	Barnaby Williams	Unattached	10k-MS	Male	55:51.3
79	103	George Docherty	North Ayrshire AC	10k-M45	Male	55:54.0
80	216	Sam Hampton-Smith	Glasgow South Side Runners	10k-M45	Male	56:00.4
81	75	Martin Vernon	Newton Road Runners	10k-M60	Male	56:07.2
82	227	Nicola Martin	Unattached	10k-FS	Female	56:10.3
83	234	Hugh Brown	Unattached	10k-M55	Male	56:15.2
84	121	Robert Reid	Unattached	10k-M50	Male	56:40.8
85	150	Gavin Ferguson	Unattached	10k-M45	Male	56:58.5
86	30	Helen Winning	Unattached	10k-F45	Female	57:03.7
87	129	Iain Crawford	Cambuslang Harriers	10k-M50	Male	57:07.6
88	149	Stuart McLeod	Unattached	10k-M55	Male	57:09.5
89	175	Molly Quinn	Scottish Athletics	10k-FS	Female	57:15.1
90	109	Laura Farquharson	Hamilton Harriers	10k-F35	Female	57:15.6
91	147	Laura Wilkinson	Bellahouston RR	10k-F35	Female	57:32.9
92	83	Angela McLachlan	Newton Road Runners	10k-F40	Female	57:36.0
93	1	Caroline Munro	Giffnock North AAC	10k-F45	Female	57:36.7
94	208	Brian Stewart	Edinburgh Running Network	10k-M50	Male	57:53.2
95	124	Gillian Gallagher	Unattached	10k-F40	Female	58:06.0
96	197	Ken Eccleson	Cumbernauld AAC	10k-M55	Male	58:20.1
97	114	Anne Campbell	Bellahouston RR	10k-F40	Female	58:41.1
98	179	Ian McNiven	Unattached	10k-M40	Male	58:44.1
99	16	Marc Loveday	East Kilbride AAC	10k-MS	Male	58:48.5
100	142	Fraser Christie	Airdrie Harriers	10k-M45	Male	58:50.9
101	167	Kirk Ritchie	Unattached	10k-M40	Male	58:51.3
102	22	Margaret Allison	Unattached	10k-F55	Female	58:53.5
103	232	Emily Lynch	Unattached	10k-FS	Female	59:04.2
104	117	Alan Weir	Lothian Running Club	10k-M50	Male	59:22.8
105	113	Alan Cox	Unattached	10k-M60	Male	59:27.0
106	73	Gavin Lynch	Unattached	10k-MS	Male	59:33.8
107	53	Ross Munro	Gnome Your Limits	10k-MS	Male	59:47.4
108	76	Malcolm Gourley	Unattached	10k-M60	Male	1:00:24.8
109	229	Lesley Reynolds	Carnegie Harriers	10k-F50	Female	1:00:27.1
110	72	Lee Dickinson	Unattached	10k-MS	Male	1:00:36.2
111	20	Tania Duffy	Bellahouston Harriers	10k-F45	Female	1:01:06.0
112	40	Steven Gilligan	Unattached	10k-M45	Male	1:01:11.9

Place	Bib	Name	Team name	Category	Gender	Time
113	12	Nic Urquhart	Giffnock North AAC	10k-F45	Female	1:01:14.9
114	131	Bryan Burnett	Unattached	10k-M55	Male	1:01:15.3
115	203	Jane MacMillan	Unattached	10k-F50	Female	1:01:21.2
116	97	Alison McMillan	Newton Road Runners	10k-F45	Female	1:01:25.5
117	188	Pamela Porteous	Rons Runners	10k-F45	Female	1:01:36.3
118	122	Lawrence Healy	Unattached	10k-M50	Male	1:01:43.2
119	51	John Gordon	Glasgow South Side Runners	10k-M60	Male	1:01:48.9
120	104	Robert Doherty	Unattached	10k-M60	Male	1:01:51.2
121	152	Gerinta Walker	Hamilton Harriers	10k-F40	Female	1:02:12.7
122	204	Paul Collins	Garscube Harriers	10k-M55	Male	1:02:23.9
123	194	William Bonnar	Unattached	10k-M55	Male	1:02:59.0
124	61	Stephanie Rudd	Bellahouston Harriers	10k-F45	Female	1:03:03.1
125	143	John Sandbach	Unattached	10k-M55	Male	1:03:07.0
126	144	Aileen Coulter	Unattached	10k-F50	Female	1:03:07.4
127	221	Ashley Craig	Unattached	10k-F40	Female	1:03:10.4
128	222	Austin Craig	Unattached	10k-M40	Male	1:03:10.9
129	185	Niall Patterson	Carnegie Harriers	10k-M55	Male	1:03:14.7
130	71	Hugh Gardiner	Bellahouston Harriers	10k-M60	Male	1:03:18.9
131	36	Pamela Parker	Cumbernauld AAC	10k-F55	Female	1:03:24.7
132	5	John Henderson	Strathaven Striders	10k-M55	Male	1:03:28.8
133	176	Derek Millar	Jog Scotland	10k-F50	Female	1:03:32.5
134	77	Carol Richards	Hamilton Harriers	10k-F45	Female	1:03:32.8
135	128	Cheryl Gilbert	Unattached	10k-F35	Female	1:03:38.7
136	17	Martin Fagan	Unattached	10k-M50	Male	1:03:43.3
137	78	Ross Bickerstaff	Hamilton Harriers	10k-M60	Male	1:03:45.6
138	67	Michael Meehan	Bellahouston Harriers	10k-M55	Male	1:04:57.4
139	205	John Coon	Unattached	10k-M70	Male	1:05:05.3
140	18	Donna Gillon	Glasgow South Side Runners	10k-F50	Female	1:05:08.9
141	119	Lorraine Sneddon	Hamilton Harriers	10k-F45	Female	1:05:16.5
142	38	Lindsay Kerrigan	Clydesdale Harriers	10k-FS	Female	1:05:55.0
143	37	David Clarke	Unattached	10k-MS	Male	1:05:59.0
144	226	Phil Smithard	Carnegie Harriers	10k-M70	Male	1:06:00.7
145	133	Steven Laing	Falkirk Victoria Harriers	10k-M50	Male	1:06:05.7
146	219	Amy Cromarty	Garscube Harriers	10k-F35	Female	1:06:09.9
147	231	Alan Cameron	Clydesdale Harriers	10k-M45	Male	1:06:22.0
148	233	Nicola Clark	Strathaven Striders	10k-F35	Female	1:06:27.5
149	111	Christopher Munro	Cumbernauld OTR	10k-M50	Male	1:06:31.2
150	160	Louise Gray	Bellahouston RR	10k-F50	Female	1:06:47.7
151	7	Kirsty Mackenzie	Unattached	10k-F45	Female	1:06:59.4
152	220	Thomas Wilson	Strathaven Striders	10k-M75	Male	1:07:04.2
153	165	Emily Birch	Unattached	10k-F40	Female	1:07:38.7
154	151	Angela McAdams	Hamilton Harriers	10k-F35	Female	1:08:11.3
155	102	Terry Nimmo	Bellahouston RR	10k-F60	Female	1:08:28.6
156	181	Lorna Edwards	East Kilbride AAC	10k-F50	Female	1:08:35.9
157	91	Catriona Gourley	Giffnock North AAC	10k-F55	Female	1:08:41.2
158	161	Craig Edwards	Hamilton Harriers	10k-MS	Male	1:08:45.0
159	213	Jennifer Meredith	Unattached	10k-FS	Female	1:09:37.5
160	163	Ian B Higgins	Unattached	10k-MS	Male	1:10:10.9
161	74	June MacLeod	Bellahouston Harriers	10k-F60	Female	1:10:30.1
162	88	Lorna Choudhery	Springburn Harriers	10k-F45	Female	1:10:51.3
163	14	Melissa Williams	Westerlands CCC	10k-FS	Female	1:11:18.1
164	43	Michael Devlin	Unattached	10k-M55	Male	1:11:25.0
165	21	Alyson Connell	Unattached	10k-F45	Female	1:11:37.5
166	209	Fiona Greig	Unattached	10k-F35	Female	1:12:18.4
167	15	Kirsty Andrews	Unattached	10k-F40	Female	1:13:06.0
168	90	David Hotchkiss	Strathaven Striders	10k-M55	Male	1:13:27.3

Place	Bib	Name	Team name	Category	Gender	Time
169	89	Gary Whyte	Unattached	10k-M50	Male	1:13:30.5
170	98	Eileen Shenkin	Giffnock North AAC	10k-F65	Female	1:15:03.5
171	211	Kirsten McLeman	Unattached	10k-F35	Female	1:15:39.3
172	66	Camilla Dyer	Unattached	10k-F40	Female	1:16:32.7
173	68	Stephen Borys	Unattached	10k-M50	Male	1:17:16.9
174	191	Peter Meehan	Bellahouston Harriers	10k-MS	Male	1:17:45.2
175	48	Mark Gormley	Stornoway RAC	10k-M60	Male	1:18:14.8
176	19	Marie Neil	Strathaven Striders	10k-F55	Female	1:18:47.7
177	108	Moira Smith	Kirkintilloch Olympians	10k-F55	Female	1:20:49.3
178	3	Ann Lister	Glasgow Phoenix Runners	10k-F70	Female	1:23:09.5
179	85	Irene Wilson	Strathaven Striders	10k-F70	Female	1:23:23.9
180	23	Angela Odonnel	Giffnock North AAC	10k-F50	Female	1:23:33.9
181	45	Joyce Greig	Unattached	10k-F65	Female	1:24:04.2
182	4	Micki Henderson	Strathaven Striders	10k-F45	Female	1:26:17.5
183	132	Angela Cassidy	Unattached	10k-F55	Female	1:30:59.8
	31	Kristina Greig	Bellahouston Harriers	10k-FS	Female	DNF
	62	Suzy Oconnor	Springburn Harriers	10k-F50	Female	DNF
	9	Chi My Ta	Bellahouston RR	10k-F40	Female	DNS
	11	Lisa Banks	Glasgow South Side Runners	10k-F40	Female	DNS
	24	Suzanne Dickson	North Ayrshire AC	10k-F40	Female	DNS
	25	Bert McCrorie	Rons Runners	10k-M50	Male	DNS
	26	Wendy McCrorie	Rons Runners	10k-F50	Female	DNS
	28	Margaret Moore	Unattached	10k-F70	Female	DNS
	29	Chris Forbes	Unattached	10k-MS	Male	DNS
	32	Helene Mamet	Unattached	10k-FS	Female	DNS
	33	David Hepburn	Hamilton Harriers	10k-M45	Male	DNS
	41	John Henda	Cambuslang Harriers	10k-M55	Male	DNS
	44	Sharon Houston	Jog Scotland	10k-F45	Female	DNS
	52	Neil Miller	Unattached	10k-M50	Male	DNS
	55	Scott Davidson	Unattached	10k-MS	Male	DNS
	58	Stephanie Finnigan	Unattached	10k-F35	Female	DNS
	63	Scott Barrie	Unattached	10k-M55	Male	DNS
	64	William Linton	Giffnock North AAC	10k-M55	Male	DNS
	65	Harvey Linton	Unattached	10k-MS	Male	DNS
	69	Scott Jasnosz-Clark	Glasgow Frontrunners	10k-M40	Male	DNS
	80	Scott Ashwood	Hamilton Harriers	10k-MS	Male	DNS
	81	Andy Hall	Strathaven Striders	10k-M40	Male	DNS
	84	Sharon Taylor	Westerlands CCC	10k-F60	Female	DNS
	87	Pauline Keegans	Strathaven Striders	10k-F55	Female	DNS
	92	Jonathan Mellin	Newton Road Runners	10k-MS	Male	DNS
	93	Alastair Drummond	Newton Road Runners	10k-M45	Male	DNS
	94	Chris Bateman	Unattached	10k-MS	Male	DNS
	99	Kenneth Neill	Ayr Seaforth AC	10k-M40	Male	DNS
	101	Jacquie Fabian	Strathaven Striders	10k-F55	Female	DNS
	105	Jordane Duncan	North Ayrshire AC	10k-FS	Female	DNS
	106	Andrew Pearson	Unattached	10k-MS	Male	DNS
	107	Chris Thomson	Unattached	10k-M40	Male	DNS
	112	Pamela Craig	Unattached	10k-F40	Female	DNS
	116	Madeline Smillie	Bellahouston RR	10k-F45	Female	DNS
	118	Chris Morris	Unattached	10k-M40	Male	DNS
	120	Chris Upson	Cambuslang Harriers	10k-M55	Male	DNS
	125	Jane Moncrief	Unattached	10k-F55	Female	DNS
	130	Karen Moore	Unattached	10k-F55	Female	DNS
	134	Fiona Harfield	Unattached	10k-F55	Female	DNS
	135	Anne Williamson	Bellahouston Harriers	10k-F55	Female	DNS
	137	Alice Wilson	Garscube Harriers	10k-FJ	Female	DNS

Place	Bib Name	Team name	Category	Gender	Time
138	Stephen Wilson	Garscube Harriers	10k-M55	Male	DNS
148	Viki Smith	Greenock Glenpark Harriers	10k-F45	Female	DNS
154	Hugh Pizey	Unattached	10k-M60	Male	DNS
156	Jamie McGeachy	Unattached	10k-M40	Male	DNS
157	Terry Grady	Hamilton Harriers	10k-M60	Male	DNS
162	Alan Muir	Hamilton Harriers	10k-M50	Male	DNS
170	Robert White	Run GMC	10k-M50	Male	DNS
171	Stephen Nisbet	North Ayrshire AC	10k-M40	Male	DNS
180	Gaynor Gillespie	Westerlands CCC	10k-F50	Female	DNS
184	Colin Hughes	Bellahouston RR	10k-M55	Male	DNS
200	Alistair Rafferty	Unattached	10k-MS	Male	DNS
206	Kathryn Scott	Garscube Harriers	10k-F60	Female	DNS
214	Judith MacGregor	Bellahouston RR	10k-F45	Female	DNS
218	Robert Steven	Unattached	10k-M40	Male	DNS